

Spiritual Autobiography Course Rescheduled for March
Four Thursdays in March (the 3rd, 10th, 17th, and 24th)
from 7-8:30pm | Yawkey Hall

Join Brian and a small group to reflect and consider your life through a spiritual lens while sharing and writing about it. With in-class exercises and writing assignments, participants will consider the different chapters of their journey up to now. You will select from a provided list of spiritual autobiographies, a companion to accompany your odyssey. You will have short (two page) weekly writing assignments that will evolve to become the final product: a “spiritual autobiography” (6-8 pages in length).

To RSVP and claim your book, e-mail Brian at brian@uuwausau.org

Youth Wellspring, March: Through generous Faithify donations, Wellspring, a UU small group ministry and spiritual deepening program, gifted 10 congregations with their youth program, and UU Wausau was part of the lucky 10! The program offers youth and their advisors and opportunity to come together in deep discussion and discernment about their own UU Faith, connect with one another, and they explore spiritual practices that can begin a lifetime of peace while deepening their connection to Unitarian Universalism through the UU Sources. We'll be offering the eight week program for Senior High Youth (grades 9-12) starting March 6. Senior High families should watch their emails for more details.

Thanks to UU Wausau members and friends near and far, we raised \$6,560 (in only a week) for the newly-arrived Afghan family! A check for that amount has been delivered to ECDC Multicultural Community Center. Funds beyond what that family needs will go towards helping another new family get settled in our community. Generosity abounds! Thank you to all who have helped out.

Youth Group Painting Project, February 27: Today from 3-5 pm, youth (grades 7-12) are invited to help spruce up the RE Space with a painting project. We'll provide all the supplies and snacks. So we know the amount of supplies and snacks to have on hand, RSVPs are appreciated, jessica@uuwausau.org.

ARST Book Club, March 1st: Join us for our Antiracism Storytime book club! In March, we are reading *Piece by Piece* by Priya Huq. This beautiful story looks at themes of Islamophobia, generational trauma, family, finding your happiness, and following your own path. It is for readers age 10 and up, but since it does deal with topics that might be difficult for some readers, including a hate crime, we are encouraging parents to look through the book in advance (we have a copy at church you can borrow) and/or read the story together as a family so you can address any questions or feelings that come up in the moment. Before beginning the story, we are also encouraging readers to start with the "Guide to Bangladesh" at the back of the book to help provide context.

We'll meet on Zoom on Tuesday, March 1, at 6:30pm, to discuss. Email Jessica, jessica@uuwausau.org, to get a copy, the Zoom information, and if you have any questions about the book.

This Week @ UU Wausau

Sun, Feb 27	3:00PM	Youth Group Activity
Mon, Feb 28	6:00PM	Women's AA
Tues, March 1	6:30PM 6:30PM	Qi Gong ARST Book Club (<i>on Zoom</i>)
Wed, March 2	10:00AM 12:00PM 6:30PM	Knitting Group The New Yorker Noon Swoon Adult Choir
Thu, March 3	6:30PM 7:00PM	Tai Chi Spiritual Autobiography
Sat, March 5	4:00PM	Buddhist Meditation Group
Sun, March 6	10:30AM	Sunday Worship, led by the Rev. Brian Mason

The church office is open from 9AM-2PM, Monday-Thursday, or by appointment.